

# S I L O P O I N T

## Architectural Showcase!

Athletic Business Magazine

June 2009

Life F/X at Silo Point

Silo Point is the conversion of an old grain elevator into contemporary, urban condominiums. When built in 1923, it was the largest and fastest grain elevator in the world. Located along Baltimore's southernmost peninsula, the 24-story building was strategically sited for the movement of grain and other agricultural products to be shipped around the world.

Silo Point now houses 228 residential units, 17,000 square feet of retail/commercial space, and a 500-car parking garage. The F/X fitness and wellness center is located in the lower level of the "Tower" building. What makes the facility so unique is its catacomb-like space interspersed with massive structural concrete columns. The original columns posed a challenge in the initial design phases, but they are used to great advantage in the final product. The massive columns actually create and define the space, with the fitness facility constructed around them.

Additional challenges included dealing with moisture resulting from the building's proximity to the harbor and the fitness facility's below-grade environment. These obstacles were overcome with the insulation of state-of-the-art mechanical systems.

High-energy group fitness areas give way to soundproof treatment rooms that offer a variety of services such as massage, acupuncture and chiropractic care.

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